



STONEHENGE

STABLES

SPRING 2020 NEWS

Grid Work That Works

Jumper Nation has teamed up with top, respected riders - including our own Max Amaya - to share exercises they use at home. For Max's recommended exercise, you'll need:

🐾 Two cavalettis/trot poles set with 3.2' between them. These help the horse and rider to enter the grid at the right distance and pace

🐾 Two cross-rails set as a bounce with 10' between the two

🐾 Three fences following the cross-rails, set at 20' to a vertical, 22' to an oxer, and 31' to the final oxer

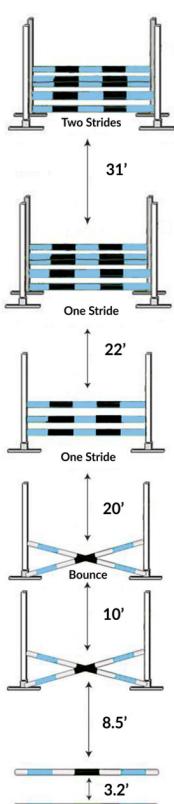


Photo by [Jump Media](#)

Max says, "This grid is designed to trot into, to ensure that you do not start out with too much pace for the short distances. Your entrance to the grid should be smooth and even, allowing the horse to handle the short distances and not feel rushed.

"The bounce and the first short one-stride to the vertical encourage the horse to work on a collected stride while beginning to activate their hind quarters. The short one-stride and the two strides to the two oxers really encourage the horse to push from behind while managing a short distance.

"It is crucial for the rider to let the exercise do the work, but also to remain supportive and ready to encourage the horse with a little leg pressure or their voice if the horse starts to overreact to the grid or to demonstrate that they are lacking confidence in the exercise.

"I usually introduce this grid to a new horse with all cross-rails and slowly build it to verticals and oxers once the horse and rider understand the exercise and feel confident. This exercise does not require a lot of height to accomplish its goal, even for big jumping horses."

[Read More](#)

Snapshots of Our Spring

Our team remained in Wellington, Florida until mid-April, when (after much consideration) we decided to return to our home base in Colts Neck, New Jersey. Here in New Jersey, we've been taking advantage of the down time from horse shows, allowing our horses to relax with a lighter workload after a great winter season, and getting to know some new horses. (Note that a few of the photos below were taken before mask guidelines were in place!)



Photos by [Jump Media](#)

Summer Show Schedule

June 24-28

Tryon Summer 3 - *Tryon, NC*

June 30 - July 5

Tryon Summer 4 - *Tryon, NC*

July 7 - 12

Tryon Summer 5 - *Tryon, NC*

July 22 - 26

Kentucky Summer Horse Show - *Lexington, KY*

July 28 - August 2

Kentucky Summer Classic - *Lexington, KY*



Stonehenge Stables is a leading showjumping training program located in Colts Neck, New Jersey and Wellington, Florida. Stonehenge's program is focused on building a strong riding foundation rooted in traditional equitation principles, leading to success across all levels.

Stonehenge Stables' New Jersey farm is easily accessible from New York City and the tri-state area, with students of varying levels coming to train at Stonehenge from across the United States. Stonehenge provides a range of training from short stirrup to grand prix, but one priority is always shared: the horses always come first. Learn more or inquire about training with Stonehenge Stables by visiting www.StonehengeStables.com.